



# Evaluation of Health Outcomes and Medicare Expenditures

National Safe and Healthy Housing Coalition  
June 7, 2016

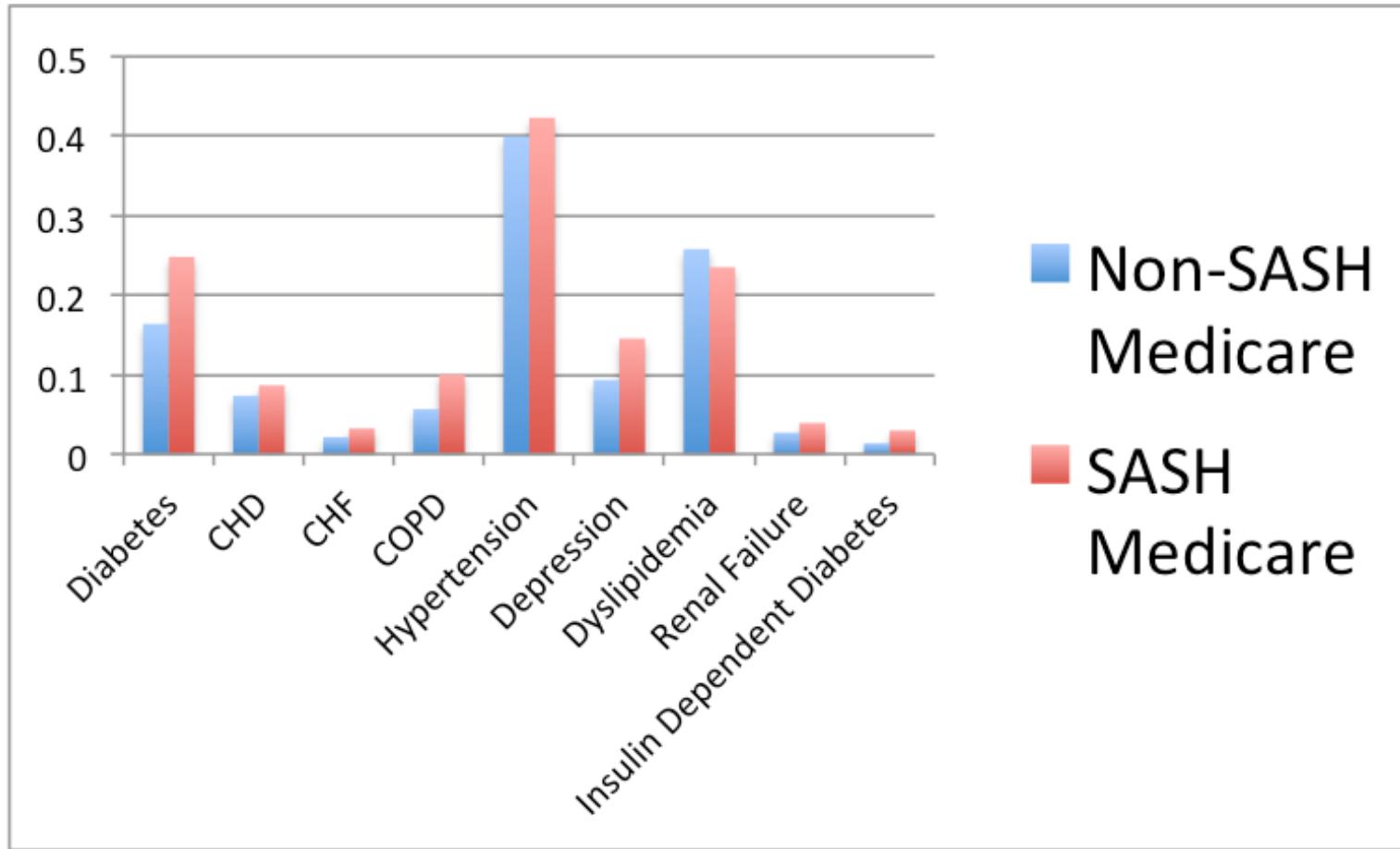
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# Evaluation Questions

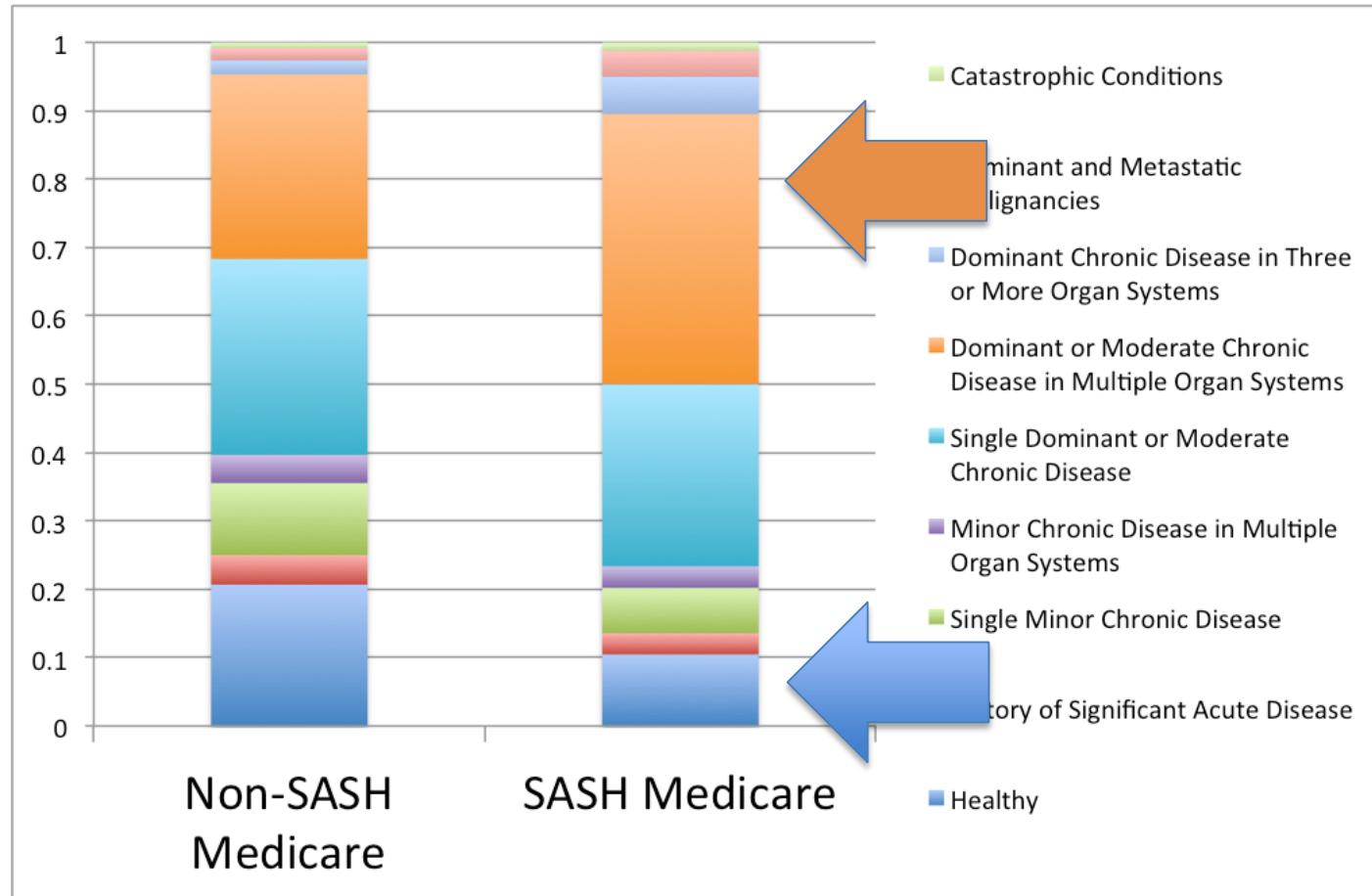
1. Does the SASH model benefit health outcomes?
2. Does the SASH model help control the growth of health care expenditures?

# Health Conditions in SASH Participants compared to Non-SASH Participants



Source: Vermont's All Payer Claims Database

# Clinical Risk Groupers (CRG) in SASH Participants compared to Non-SASH Participants



Source: Vermont's All Payer Claims Database

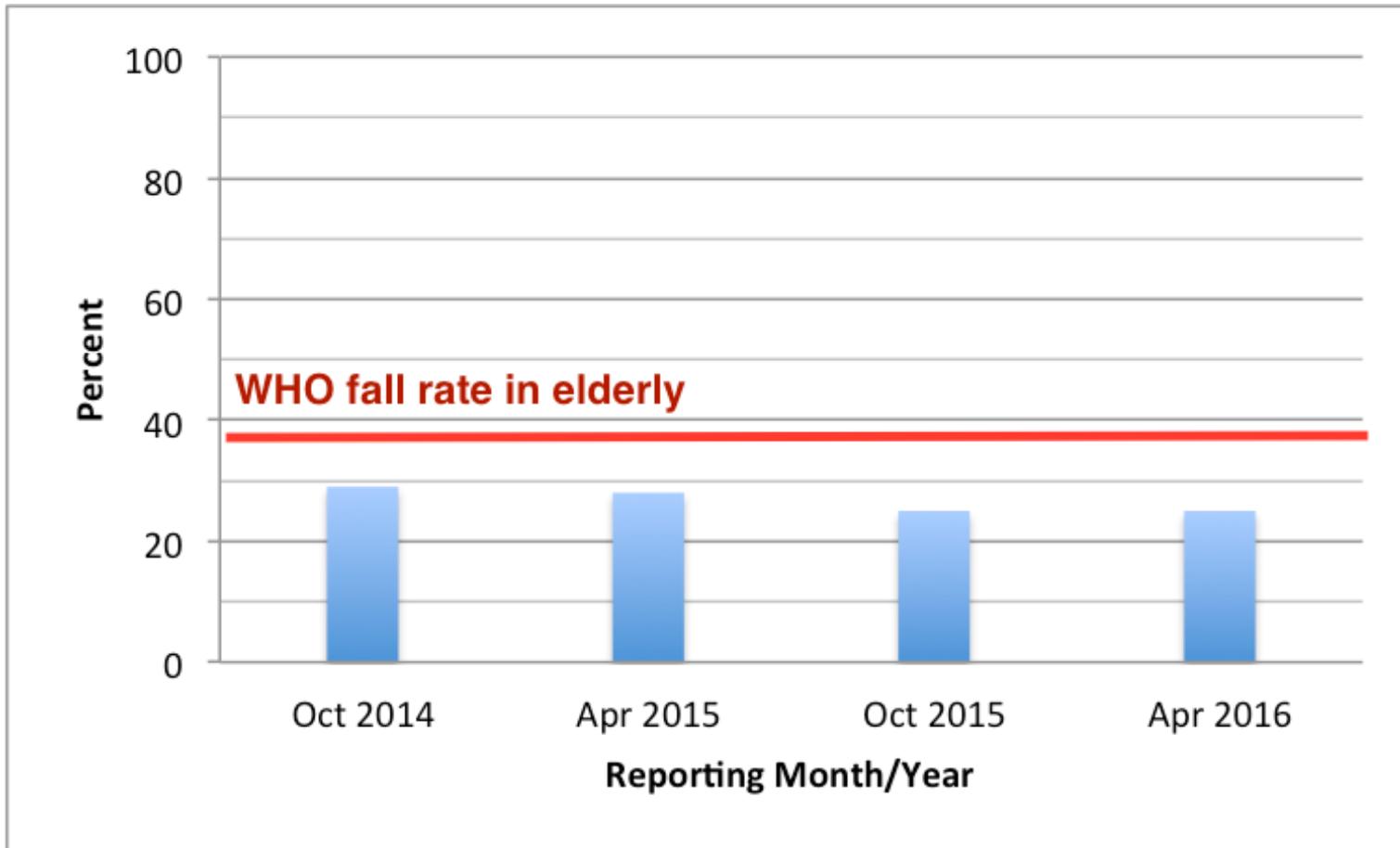
# Does the SASH model benefit health outcomes?

- Documented Advanced Directives
- Immunization Rates
  - Shingles
  - Pneumococcal
  - Seasonal Flu
- Falls
- Controlled Hypertension (BP < 140/90)

# SASH Health Outcomes (Oct 2014 – Apr 2016)

	Oct 31 2014 (n=3076)	Apr 30 2015 (n=3603)	Oct 31 2015 (n=3807)	Apr 30 2016 (n=4098)
<b>Advance Directives</b>				
Documented	53%	53%	54%	59%
<b>Immunizations</b>				
Shingles Vaccine	20%	26%	30%	34%
Pneumococcal Vaccine	53%	57%	60%	63%
Flu Vaccine (seasonal)	19%	42%	11%	61%
<b>Falls</b>				
Fall (within 12 months)	29%	28%	25%	25%
<b>Blood Pressure</b>				
Checked within 6 months	52%	49%	39%	59%
If checked, in control	76%	74%	76%	77%

# Percent of SASH participants who have fallen in the past 12 months



# Evaluation Questions

1. Does the SASH model benefit health outcomes?

2. Does the SASH model help control the growth of health care expenditures?

# SASH Medicare Evaluation



**U.S. Department of Health and Human Services  
Assistant Secretary for Planning and Evaluation  
Office of Disability, Aging and Long-Term Care Policy**

## **SUPPORT AND SERVICES AT HOME (SASH) EVALUATION:**

**Leading Age and RTI International**

<https://aspe.hhs.gov/sites/default/files/pdf/198446/SASH2.pdf>

# SASH Medicare Evaluation

- Third-party evaluation conducted by LeadingAge and RTI International
- Claims data for a sample of Medicare fee-for-service beneficiaries
- Analyzed health care utilization and expenditures
- Comparison group of Medicare beneficiaries who were living in Vermont-based affordable housing properties that did not participate in SASH

# Major Findings: 1<sup>st</sup> Annual Report

- September 2014
- SASH sample size = 549
- 1 year of implementation

*In established panels, the SASH program statistically significantly reduced annual Medicare expenditures by an estimated \$1,756 per beneficiary*

<https://aspe.hhs.gov/report/support-and-services-home-sash-evaluation-first-annual-report>

# Major Findings: 2<sup>nd</sup> Annual Report

- January 2016
- SASH sample size = 1602
- 3 years of implementation

*SASH continues to slow the growth of total annual Medicare Expenditures*

*Growth in annual Medicare expenditures was statistically significantly lower, by an estimated **\$1,536** per beneficiary, in early panels*

<https://aspe.hhs.gov/basic-report/support-and-services-home-sash-evaluation-second-annual-report#execsum>

# SASH Evaluation: Next Steps

- Health Outcomes
  - Expand set of targeted measures for targeted improvement
- Medicare Utilization and Expenditures
  - Explore in more detail the SASH community participants and community panels
  - Examine cost reductions in late panel cohorts

# Thank You!

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## SASH program:

[www.sashvt.org](http://www.sashvt.org)

## Cathedral Square Corporation

[www.cathedralsquare.org](http://www.cathedralsquare.org)